

What's On

Friday, 13 Sep 2019

09:15 to 10:15	Lower Hall	My Mojo Zumba
09:30 to 10:30	Upper Hall	Musical Bumps
10:30 to 11:30	Lower Hall	My Mojo Yoga
10:45 to 11:45	Upper Hall	Musical Bumps
11:45 to 12:45	Upper Hall	Musical Bumps
13:15 to 14:00	Upper Hall	Musical Bumps
16:45 to 17:45	Upper Hall	Wutan Junior Kung Fu
16:45 to 19:00	Lower Hall	Bertram School of Dance
17:30 to 18:30	SMR	Pilates

Saturday, 14 Sep 2019

09:30 to 11:00	Upper Hall	Yoga (Jim)
10:00 to 18:00	Lower Hall	Live Love Hoop Training Weekend
11:45 to 12:45	Upper Hall	Pilates

Sunday, 15 Sep 2019

09:00 to 17:00	Lower Hall	Live Love Hoop Training Weekend
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Monday, 16 Sep 2019

09:15 to 10:15	Lower Hall	BOX FIT
10:30 to 11:30	Upper Hall	Suitcase Theatre Drama classes
12:00 to 13:00	Upper Hall	Bolly Moves
13:15 to 14:00	Upper Hall	Magic Moves
15:30 to 16:30	Upper Hall	Suitcase Theatre Drama classes
15:30 to 17:45	Lower Hall	Leap & Bound
18:00 to 19:00	Upper Hall	Body Control Pilates
18:00 to 19:00	Lower Hall	DreamSpin Hoop Dance
19:15 to 21:30	Upper Hall	Tai Chi Wisdom
19:30 to 21:00	Lower Hall	Yoga (Jim)

What's On

Tuesday, 17 Sep 2019

09:15 to 10:15	Lower Hall	My Mojo Zumba
10:30 to 12:45	Lower Hall	Breastfeed Drop-in
15:30 to 16:30	Upper Hall	Magic Moves
15:45 to 17:15	Lower Hall	Windmill Young Actors
16:45 to 17:45	Upper Hall	Funkyoga
18:00 to 19:00	SMR	Private training
18:00 to 19:00	Upper Hall	Wu Style Short Form Tai Chi
18:15 to 19:00	Lower Hall	DreamSpin Hoop Dance
19:15 to 20:15	Upper Hall	Yoga
19:30 to 21:30	SMR	Hanover Action Meeting
20:30 to 21:30	Lower Hall	Wutan Kung Fu

Wednesday, 18 Sep 2019

09:15 to 10:15	Upper Hall	Yoga
09:15 to 11:15	Lower Hall	Toddler Group
15:30 to 17:00	Lower Hall	Woodcraft Elfins
15:30 to 19:00	SMR	Third Age Counselling
16:00 to 17:30	Upper Hall	The Art Club
18:00 to 19:00	Upper Hall	Live Love Hoop
19:15 to 20:30	Upper Hall	Yoga for Pregnancy
20:30 to 21:30	Lower Hall	Re-enactment Group

Thursday, 19 Sep 2019

09:15 to 10:15	Upper Hall	Hatha Yoga
10:15 to 11:00	Lower Hall	Baby Sensory Brighton Central
11:15 to 12:00	Lower Hall	Baby Sensory Brighton Central
15:30 to 17:45	Lower Hall	Bertram School of Dance
18:00 to 19:00	Upper Hall	Pilates
18:00 to 19:00	SMR	Private training
18:00 to 19:30	Lower Hall	Woodcraft Pioneers

Friday, 20 Sep 2019

09:15 to 10:15	Lower Hall	My Mojo Zumba
09:30 to 10:30	Upper Hall	Musical Bumps
10:30 to 11:30	Lower Hall	My Mojo Yoga
10:45 to 11:45	Upper Hall	Musical Bumps
11:45 to 12:45	Upper Hall	Musical Bumps
13:15 to 14:00	Upper Hall	Musical Bumps
16:45 to 17:45	Upper Hall	Wutan Junior Kung Fu
16:45 to 19:00	Lower Hall	Bertram School of Dance
18:00 to 19:00	Upper Hall	Pilates

What's On

Saturday, 21 Sep 2019

09:30 to 11:00	Upper Hall	Yoga (Jim)
10:30 to 11:30	Lower Hall	Musical Bumps Saturday
11:45 to 12:45	Upper Hall	Pilates
12:30 to 18:00	Lower Hall	Private Function

Sunday, 22 Sep 2019

09:15 to 12:45	Lower Hall	Baby and Toddler Sale
11:00 to 12:00	Upper Hall	Private Meeting
11:00 to 12:00	SMR	Private Meeting
14:00 to 17:00	Lower Hall	Private Function