

What's On

Friday, 17 Nov 2017

09:15 to 10:15	Lower Hall	Zumba
13:00 to 14:00	Upper Hall	DreamSpin Private Practice
16:45 to 19:00	Lower Hall	Bertram School of Dance
19:30 to 22:30	Lower Hall	Hanover Action Film Night

Saturday, 18 Nov 2017

09:00 to 09:45	Lower Hall	Indoor Bootcamp
09:30 to 11:00	Upper Hall	Yoga (Jim)
11:45 to 12:45	Upper Hall	Pilates
17:30 to 22:30	Lower Hall	Private Function

Sunday, 19 Nov 2017

11:00 to 12:00	SMR	Writing Group
11:00 to 12:00	Upper Hall	Writing Group
12:00 to 14:00	Lower Hall	DreamSpin Private Practice
14:30 to 17:30	Lower Hall	Private Function

Monday, 20 Nov 2017

09:15 to 10:15	Lower Hall	BOX FIT
10:30 to 11:30	Upper Hall	Suitcase Theatre Drama classes
12:00 to 13:00	Upper Hall	Just Jhoom
13:15 to 14:00	Upper Hall	Magic Moves
15:30 to 16:30	Upper Hall	Suitcase Theatre Drama classes
15:30 to 17:45	Lower Hall	Leap & Bound
18:00 to 19:00	Upper Hall	Body Control Pilates
18:00 to 19:00	Lower Hall	DreamSpin Hoop Dance
18:30 to 20:30	SMR	Mindfulness for Recovery
19:15 to 21:30	Upper Hall	Tai Chi Wisdom
19:30 to 21:00	Lower Hall	Yoga (Jim)

What's On

Tuesday, 21 Nov 2017

09:15 to 10:15	Lower Hall	Zumba
10:30 to 11:30	Upper Hall	Sing Your Tiny Socks Off
10:30 to 12:45	Lower Hall	Breastfeed Drop-in
15:30 to 16:30	Upper Hall	Magic Moves
15:45 to 17:45	Lower Hall	Windmill Young Actors
16:45 to 17:45	Upper Hall	Funkyoga
18:00 to 19:00	Upper Hall	Qi Gong
18:15 to 19:00	Lower Hall	DreamSpin Hoop Dance
19:00 to 20:00	SMR	Hanover Action Meeting
19:15 to 20:15	Upper Hall	Hatha Yoga
19:30 to 20:30	Lower Hall	Inside Tai Chi
20:00 to 21:30	SMR	One Planet Living meeting
20:45 to 22:00	Lower Hall	Wutan Kung Fu

Wednesday, 22 Nov 2017

09:15 to 10:15	Upper Hall	Vinyasa Yoga
09:30 to 11:15	Lower Hall	Toddler Group
11:45 to 12:45	Upper Hall	Pilates for Beginners/Improvers
13:00 to 14:00	Lower Hall	You Got the Power
13:00 to 19:00	SMR	Third Age Counselling
15:30 to 16:30	Upper Hall	ASC Arts Workshop
15:30 to 17:45	Lower Hall	Woodcraft Elfins
16:45 to 17:45	Upper Hall	ASC Arts Workshop
18:00 to 18:45	Lower Hall	strength and conditioning circuits
18:00 to 19:00	Upper Hall	Live Love Hoop
19:15 to 20:15	Lower Hall	Dog Training - Puppies
19:30 to 21:00	Upper Hall	Yoga for Pregnancy

Thursday, 23 Nov 2017

09:15 to 10:15	Upper Hall	Hatha Yoga
14:00 to 18:00	Garden	VEG Garden Group
15:30 to 16:30	Lower Hall	Bertram School of Dance
16:45 to 17:45	Lower Hall	Bertram School of Dance
16:45 to 17:45	Upper Hall	Pilates
18:00 to 19:00	SMR	Brighter Horizons Brighton
18:00 to 19:00	Upper Hall	Pilates
18:00 to 19:30	Lower Hall	Woodcraft Pioneers
19:15 to 21:30	SMR	Brighter Horizons Brighton
20:00 to 22:00	Lower Hall	Brighton Morris Men
21:00 to 22:00	Upper Hall	Brighton Morris Men

What's On

Friday, 24 Nov 2017

09:15 to 10:15	Lower Hall	Zumba
09:30 to 10:30	Upper Hall	Musical Bumps
10:30 to 12:45	Lower Hall	Private rehearsal
10:45 to 11:45	Upper Hall	Musical Bumps
11:45 to 12:45	Upper Hall	Musical Bumps
14:15 to 15:15	Lower Hall	Musical Bumps
16:45 to 19:00	Lower Hall	Bertram School of Dance
19:15 to 22:45	Lower Hall	Martin Fisher Foundation Fundraiser- wine tasting

Saturday, 25 Nov 2017

09:00 to 09:45	Lower Hall	Indoor Bootcamp
09:30 to 11:00	Upper Hall	Yoga (Jim)
11:45 to 12:45	Upper Hall	Pilates
13:00 to 16:00	Lower Hall	Private Function

Sunday, 26 Nov 2017

09:30 to 12:30	Lower Hall	Private Function
13:00 to 16:00	Lower Hall	Private Function