

What's On

Friday, 19 Jan 2018

09:15 to 10:15	Lower Hall	My Mojo Zumba
09:30 to 10:30	Upper Hall	Musical Bumps
10:45 to 11:45	Upper Hall	Musical Bumps
11:45 to 12:45	Upper Hall	Musical Bumps
14:15 to 15:15	Lower Hall	Musical Bumps
16:30 to 19:00	Lower Hall	Bertram School of Dance
18:00 to 19:00	Upper Hall	Pilates

Saturday, 20 Jan 2018

09:00 to 09:45	Lower Hall	Indoor Bootcamp
09:30 to 11:00	Upper Hall	Yoga (Jim)
11:45 to 12:45	Upper Hall	Pilates
13:00 to 16:00	Upper Hall	Private Function

Sunday, 21 Jan 2018

12:00 to 14:00	Lower Hall	DreamSpin Hoop Dance Workshop
----------------	------------	-------------------------------

Monday, 22 Jan 2018

09:15 to 10:15	Lower Hall	BOX FIT
10:30 to 11:30	Upper Hall	Suitcase Theatre Drama classes
12:00 to 14:00	Lower Hall	Drop in Computer Surgery
13:15 to 14:00	Upper Hall	Magic Moves
15:30 to 16:30	Upper Hall	Suitcase Theatre Drama classes
15:30 to 17:30	Lower Hall	Leap & Bound
18:00 to 19:00	Upper Hall	Body Control Pilates
18:00 to 19:00	Lower Hall	DreamSpin Hoop Dance
18:30 to 20:30	SMR	Mindfulness for Recovery
19:15 to 21:15	Upper Hall	Tai Chi Wisdom
19:30 to 21:00	Lower Hall	Yoga (Jim)

What's On

Tuesday, 23 Jan 2018

09:15 to 10:15	Lower Hall	My Mojo Zumba
10:30 to 11:30	Upper Hall	Sing Your Tiny Socks Off
10:30 to 12:45	Lower Hall	Breastfeed Drop-in
15:30 to 16:30	Upper Hall	Magic Moves
15:45 to 17:45	Lower Hall	Windmill Young Actors
16:45 to 17:45	Upper Hall	Funkyoga
18:00 to 19:00	Upper Hall	Qi Gong
18:15 to 19:00	Lower Hall	DreamSpin Hoop Dance
18:30 to 20:30	SMR	Hanover Neighbourhood Action Plan
19:15 to 20:15	Upper Hall	Hatha Yoga
19:30 to 20:30	Lower Hall	Inside Tai Chi
20:45 to 22:00	Lower Hall	Wutan Kung Fu

Wednesday, 24 Jan 2018

09:15 to 10:15	Upper Hall	Vinyasa Yoga
09:30 to 11:15	Lower Hall	Toddler Group
11:45 to 12:45	Upper Hall	Pilates for Beginners/Improvers
13:00 to 19:00	SMR	Third Age Counselling
15:30 to 17:30	Upper Hall	ASC Arts Workshop
15:30 to 17:45	Lower Hall	Woodcraft Elfins
18:00 to 18:45	Lower Hall	strength and conditioning circuits
18:00 to 19:00	Upper Hall	Live Love Hoop
19:15 to 20:15	Lower Hall	Dog Training - Puppies
19:30 to 21:00	Upper Hall	Yoga for Pregnancy

Thursday, 25 Jan 2018

09:15 to 10:15	Upper Hall	Hatha Yoga
10:30 to 11:30	Upper Hall	Private
14:00 to 15:00	Lower Hall	Bertram School of Dance
15:30 to 17:45	Lower Hall	Bertram School of Dance
16:45 to 17:45	Upper Hall	Pilates
18:00 to 19:00	Upper Hall	Pilates
18:00 to 19:30	Lower Hall	Woodcraft Pioneers
20:00 to 22:00	Lower Hall	Brighton Morris Men
21:00 to 22:00	Upper Hall	Brighton Morris Men

What's On

Friday, 26 Jan 2018

09:15 to 10:15	Lower Hall	My Mojo Zumba
09:30 to 10:30	Upper Hall	Musical Bumps
10:45 to 11:45	Upper Hall	Musical Bumps
11:45 to 12:45	Upper Hall	Musical Bumps
13:00 to 14:00	Upper Hall	A Reservation
14:15 to 15:15	Lower Hall	Musical Bumps
16:30 to 19:00	Lower Hall	Bertram School of Dance
18:00 to 19:00	Upper Hall	Pilates

Saturday, 27 Jan 2018

09:00 to 09:45	Lower Hall	Indoor Bootcamp
09:30 to 11:00	Upper Hall	Yoga (Jim)
11:45 to 12:45	Upper Hall	Pilates
13:00 to 16:00	Upper Hall	Private Function
13:00 to 17:00	Lower Hall	Private Function
18:00 to 22:30	Lower Hall	Film Night- The Spiders Web

Sunday, 28 Jan 2018

10:30 to 13:30	Lower Hall	Private Function
11:00 to 12:00	SMR	Writing Group
11:00 to 12:00	Upper Hall	Writing Group
14:00 to 17:00	Lower Hall	Private Function
18:00 to 20:15	Lower Hall	A Reservation