

What's On

Friday, 19 May 2017

08:00 to 09:00	Upper Hall	Vinyasa Yoga
09:15 to 10:15	Lower Hall	Zumba
09:30 to 10:30	Upper Hall	Musical Bumps
10:45 to 11:45	Upper Hall	Musical Bumps
11:45 to 12:45	Upper Hall	Musical Bumps
14:15 to 15:15	Lower Hall	Musical Bumps
15:30 to 16:30	Upper Hall	Suitcase Theatre Drama classes
15:30 to 19:00	Lower Hall	Bertram School of Dance

Saturday, 20 May 2017

09:30 to 11:00	Upper Hall	Yoga (Jim)
11:45 to 12:45	Upper Hall	Pilates
13:00 to 16:00	Lower Hall	Private Function
13:30 to 16:30	Upper Hall	Private Function
16:30 to 22:45	Lower Hall	Morris Jamboree

Sunday, 21 May 2017

10:00 to 16:30	Lower Hall	Inside Tai Chi Workshop
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Monday, 22 May 2017

09:15 to 10:15	Lower Hall	Pop up Nutrition Club and FitCamp Hanover, Brighton
10:30 to 11:30	Upper Hall	Suitcase Theatre Drama classes
10:30 to 14:30	Lower Hall	R/B&H/18/16
11:45 to 12:45	Upper Hall	Just Jhoom
12:00 to 14:00	SMR	R/B&H/18/16
13:15 to 14:00	Upper Hall	Magic Moves
15:30 to 16:30	Upper Hall	Suitcase Theatre Drama classes
15:30 to 17:45	Lower Hall	Leap & Bound
18:00 to 19:00	Upper Hall	Body Control Pilates
18:00 to 19:00	Lower Hall	DreamSpin Hoop Dance
19:15 to 21:30	Upper Hall	Tai Chi Wisdom
19:30 to 21:30	Lower Hall	Yoga (Jim)

What's On

Tuesday, 23 May 2017

09:15 to 10:15	Lower Hall	Zumba
10:30 to 11:30	Upper Hall	Sing Your Tiny Socks Off
10:30 to 12:30	Lower Hall	Breastfeed Drop-in
13:00 to 15:15	Lower Hall	The Place To Be
15:30 to 16:30	Upper Hall	Magic Moves
15:45 to 17:45	Lower Hall	Windmill Young Actors
16:45 to 17:45	Upper Hall	Funkyoga
19:15 to 20:15	Upper Hall	Hatha Yoga
19:30 to 20:30	Lower Hall	Inside Tai Chi
20:30 to 21:30	Upper Hall	Private Rehearsal
20:45 to 22:00	Lower Hall	Wutan Kung Fu

Wednesday, 24 May 2017

09:15 to 10:15	Upper Hall	Vinyasa Yoga
09:15 to 11:15	Lower Hall	Toddler Group
11:45 to 12:45	Upper Hall	Pilates for Beginners/Improvers
13:00 to 19:00	SMR	Third Age Counselling
15:30 to 17:45	Upper Hall	ASC Arts Workshop
15:30 to 17:45	Lower Hall	Woodcraft Elfin
18:00 to 18:45	Lower Hall	strength and conditioning circuits
18:00 to 19:00	Upper Hall	Live Love Hoop
19:15 to 20:15	Lower Hall	Dog Training - Puppies
19:30 to 21:00	Upper Hall	Yoga for Pregnancy
20:15 to 21:15	Lower Hall	Dog Training - Advanced

Thursday, 25 May 2017

09:15 to 10:15	Upper Hall	Hatha Yoga
09:15 to 17:45	SMR	Private training
10:30 to 11:30	Upper Hall	Practice
15:30 to 17:45	Lower Hall	Bertram School of Dance
16:45 to 17:45	Upper Hall	Pilates
17:45 to 19:30	Lower Hall	Woodcraft Pioneers
18:00 to 19:00	Upper Hall	Pilates
19:15 to 20:15	Upper Hall	Taylor's Men

Friday, 26 May 2017

08:00 to 09:00	Upper Hall	Vinyasa Yoga
09:15 to 10:15	Lower Hall	Zumba
15:30 to 16:30	Upper Hall	Suitcase Theatre Drama classes
15:30 to 19:00	Lower Hall	Bertram School of Dance

What's On

Saturday, 27 May 2017

09:30 to 11:00	Upper Hall	Yoga (Jim)
11:45 to 12:45	Upper Hall	Pilates
13:00 to 17:00	Lower Hall	Private Function