

What's On

Friday, 16 Nov 2018

09:15 to 10:15	Lower Hall	My Mojo Zumba
09:30 to 10:30	Upper Hall	Musical Bumps
10:30 to 11:30	Lower Hall	My Mojo Yoga
10:45 to 11:45	Upper Hall	Musical Bumps
11:45 to 12:45	Upper Hall	Musical Bumps
16:45 to 17:45	Upper Hall	Wutan Junior Kung Fu
16:45 to 19:00	Lower Hall	Bertram School of Dance
18:00 to 19:00	Upper Hall	Pilates

Saturday, 17 Nov 2018

09:00 to 09:45	Lower Hall	Indoor Bootcamp
09:00 to 11:00	Upper Hall	Yoga (Jim)
11:45 to 12:45	Upper Hall	Pilates
13:30 to 16:30	Lower Hall	Private Function

Sunday, 18 Nov 2018

10:30 to 13:30	Lower Hall	Private Function
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Monday, 19 Nov 2018

09:15 to 10:15	Lower Hall	BOX FIT
10:30 to 11:30	Upper Hall	Suitcase Theatre Drama classes
12:15 to 13:15	Upper Hall	Bolly Moves
13:15 to 14:00	Upper Hall	Magic Moves
15:30 to 16:30	Upper Hall	Suitcase Theatre Drama classes
15:30 to 17:45	Lower Hall	Leap & Bound
16:45 to 17:45	Upper Hall	Suitcase Theatre Drama classes
18:00 to 19:00	Upper Hall	Body Control Pilates
18:00 to 19:00	Lower Hall	DreamSpin Hoop Dance
19:00 to 20:00	SMR	Knitting class
19:15 to 21:15	Upper Hall	Tai Chi Wisdom
19:30 to 21:00	Lower Hall	Yoga (Jim)

What's On

Tuesday, 20 Nov 2018

09:15 to 10:15	Lower Hall	My Mojo Zumba
10:30 to 11:30	Upper Hall	Sing Your Tiny Socks Off
10:30 to 12:30	Lower Hall	Breastfeed Drop-in
15:30 to 16:30	Upper Hall	Magic Moves
15:30 to 17:45	Lower Hall	Windmill Young Actors
16:45 to 17:45	Upper Hall	Funkyoga
18:00 to 19:00	Upper Hall	Qi Gong
18:15 to 19:00	Lower Hall	DreamSpin Hoop Dance
19:00 to 20:00	SMR	Hanover Action Meeting
19:15 to 20:15	Upper Hall	Hatha Yoga
20:00 to 21:30	SMR	One Planet Living meeting
20:30 to 21:30	Lower Hall	Wutan Kung Fu

Wednesday, 21 Nov 2018

09:15 to 10:15	Upper Hall	Vinyasa Yoga
09:15 to 11:15	Lower Hall	Toddler Group
10:30 to 11:30	Upper Hall	Physiotherapist-led Remedial Pilates session
15:30 to 16:30	Upper Hall	session
15:30 to 17:00	Lower Hall	Woodcraft Elfins
15:30 to 19:00	SMR	Third Age Counselling
18:00 to 18:45	Lower Hall	strength and conditioning circuits
18:00 to 19:00	Upper Hall	Live Love Hoop
19:15 to 20:15	Lower Hall	Dog Training - Puppies
19:30 to 21:00	Upper Hall	Yoga for Pregnancy
20:30 to 21:30	Lower Hall	Re-enactment Group

Thursday, 22 Nov 2018

09:15 to 10:15	Upper Hall	Hatha Yoga
10:15 to 12:00	Lower Hall	Baby Sensory Brighton Central
12:15 to 13:00	Lower Hall	Baby Sensory Brighton Central
14:15 to 15:15	Lower Hall	Bertram School of Dance
15:30 to 17:45	Lower Hall	Bertram School of Dance
18:00 to 19:00	Upper Hall	Pilates
18:00 to 19:30	Lower Hall	Woodcraft Pioneers
20:00 to 22:00	Lower Hall	Brighton Morris Men
21:00 to 22:00	Upper Hall	Brighton Morris Men

What's On

Friday, 23 Nov 2018

09:15 to 10:15	Lower Hall	My Mojo Zumba
09:30 to 10:30	Upper Hall	Musical Bumps
10:30 to 11:30	Lower Hall	My Mojo Yoga
10:45 to 11:45	Upper Hall	Musical Bumps
11:45 to 12:45	Upper Hall	Musical Bumps
16:45 to 17:45	Upper Hall	Wutan Junior Kung Fu
16:45 to 19:00	Lower Hall	Bertram School of Dance
18:00 to 19:00	Upper Hall	Pilates

Saturday, 24 Nov 2018

09:00 to 09:45	Lower Hall	Indoor Bootcamp
09:00 to 11:00	Upper Hall	Yoga (Jim)
10:00 to 12:30	Lower Hall	Repair Café
11:45 to 12:45	Upper Hall	Pilates
13:00 to 15:00	Lower Hall	Private Rehearsal
14:00 to 18:00	Upper Hall	Private Function
15:30 to 18:30	Lower Hall	Private Function

Sunday, 25 Nov 2018

11:00 to 12:00	SMR	Private Meeting
11:00 to 12:00	Upper Hall	Private Meeting
11:00 to 14:00	Lower Hall	Private Function
14:30 to 17:30	Lower Hall	Private Function