

# What's On

## Friday, 18 Aug 2017

09:15 to 10:15	Lower Hall	Zumba
10:30 to 11:30	Lower Hall	Musical Bumps

## Saturday, 19 Aug 2017

09:30 to 11:00	Upper Hall	Yoga (Jim)
13:00 to 17:00	Lower Hall	Private function

## Sunday, 20 Aug 2017

09:15 to 11:30	Upper Hall	Private Workshop
12:00 to 16:00	Lower Hall	Private Function

## Monday, 21 Aug 2017

11:00 to 12:00	Lower Hall	Clay Club workshop
18:00 to 19:00	Lower Hall	DreamSpin Hoop Dance
19:15 to 21:30	Upper Hall	Tai Chi Wisdom
19:30 to 21:00	Lower Hall	Yoga (Jim)

## Tuesday, 22 Aug 2017

09:15 to 10:15	Lower Hall	Zumba
10:30 to 12:30	Lower Hall	Breastfeed Drop-in
13:00 to 15:15	Upper Hall	Private rehearsal
19:15 to 20:15	Upper Hall	Hatha Yoga
20:45 to 22:00	Lower Hall	Wutan Kung Fu

## Wednesday, 23 Aug 2017

09:15 to 10:15	Upper Hall	Vinyasa Yoga
10:00 to 15:00	Lower Hall	Summer Textiles Club
11:45 to 12:45	Upper Hall	Pilates for Beginners/Improvers
13:00 to 19:00	SMR	Third Age Counselling
18:00 to 18:45	Lower Hall	strength and conditioning circuits
19:30 to 21:00	Upper Hall	Yoga for Pregnancy

## Thursday, 24 Aug 2017

09:15 to 10:15	Upper Hall	Hatha Yoga
10:30 to 12:30	Upper Hall	Make and Move Holiday Workshop
14:00 to 16:00	Upper Hall	Make and Move Holiday Workshop
14:00 to 18:00	Garden	VEG Garden Group
19:15 to 20:15	Upper Hall	DreamSpin Hoop Dance
20:30 to 21:30	Lower Hall	Private Dance

## Friday, 25 Aug 2017

09:15 to 10:15	Lower Hall	Zumba
09:30 to 11:30	Upper Hall	Make and Move Holiday Workshop

# What's On

## Saturday, 26 Aug 2017

09:30 to 11:00    Upper Hall    Yoga (Jim)

## Sunday, 27 Aug 2017

09:15 to 11:30    Upper Hall    Private Workshop

16:00 to 18:00    SMR            Private Group